

Royal College of Nursing Research Institute

School of Health and Social Studies

University of Warwick

First Annual Report

1st August 2007 to 31st July 2008

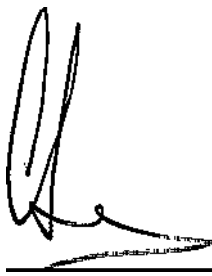
Contents	Page
Director's Message	3
Introduction	4
Governance	4
Summary of Progress	4
Current Staff	5
List of Publications	7
List of Grants	9
List of Conferences attended	10
List of Research and Development Seminars And Journal Clubs	11
Appendix 1 - Joint Advisory Board Constitution	12

Director's Message

I am very pleased to present a report on the progress of the Royal College of Nursing Research Institute (RCN RI) following our strategic alliance with the University of Warwick in August 2007.

Staff and students have managed the transition well, and are now settled into and benefiting from our new environment. Our grant income, research and publications have been a credit to staff. I would particularly like to thank all staff and students for their constructive and positive approach to their new environment.

The University of Warwick, and the School of Health and Social Studies have been very welcoming and supportive. Three people in particular deserve special thanks: Professor Gillian Hundt expended a huge amount of time and energy to ensure our smooth arrival, and Dr Peter Carter and Geraldine Cunningham from the Royal College of Nursing have made major contributions to the setting up and continuing success of the strategic alliance. I would also like to pay tribute to our Joint Advisory Board and thank them for the generosity they have shown with their time, support and advice.



Professor Kate Seers
Director

September 2008

Introduction

The RCN RI was formerly the research team at the Royal College of Nursing Institute from 1996-2007. When the RCN wished to develop a strategic alliance with another Higher Education Institute to enhance its ability to deliver high quality research, the University of Warwick was successful in its bid to be the RCN's strategic alliance partner for research. The RCN RI has been a research centre within the School of Health & Social Studies at the University of Warwick since 1st August 2007.

The research of the RCN RI supports the mission of both the RCN "to represent nurses and nursing, promote excellence in practice and to shape health policies", and the University of Warwick's Strategy "to make Warwick an undisputed world leader in research and scholarship."

The RCN RI aims to:

- Produce high quality research that improves knowledge, patient care and impacts on policy
- Increase research capacity relevant to nursing by providing high quality research training
- Contribute towards the RCN and the University of Warwick delivering on their strategic objectives

Governance

The RCN Research Institute is overseen by a Joint Advisory Board. This consists of the Chief Executive Officer & General Secretary of the RCN, the Director of the RCN Institute, a member of RCN Council, two patient representatives, two external academics, one member of the NHS Institute for Innovation and Improvement, two Professorial academic staff from other departments at University of Warwick, the Head of SHSS, Director of Research of SHSS, the Director of the RCN RI and a staff member. They have agreed terms of reference (see appendix 1) and meet twice a year.

Current Staff of RCN RI

Professor Kate Seers, Director
Dr Kirstie Haywood, Senior Research Fellow
Dr Sophie Staniszewska, Senior Research Fellow
Jo Brett, Research Fellow (part-time 0.7)
Jackie Chandler-Oatts, Research Fellow
Dr Claire Hawkes, Research Fellow
Dr Natasha Posner, Research Fellow
Dr Liz Tutton, Research Fellow (part-time 0.4)
Paul Kent, PA to Director and team administrator
Tanya Smith, Administrator (part time 0.5)

Summary of Progress

Ongoing Research

RCN RI research is organised around three themes; patient experiences and involvement, patient reported outcomes measures, and translating knowledge into practice. Full details are included in our research strategy. All ongoing research is within budget and agreed timeframes. All annual or final reports submitted as required by funders have been accepted.

Dissemination

Since the beginning of 2007, staff at the RCN RI have had 21 publications (listed later in this report), spoken at several national and international conferences, and produced two web based icasts: <http://www2.warwick.ac.uk/newsandevents/icast/archive/s2week26/PRIME>
<http://www2.warwick.ac.uk/newsandevents/icast/archive/s2week28/premature/>

Grants

Since arrival at University of Warwick, grant income has been good, with two large grants; an EU FP7 research grant for 3 million euros on which Professor Seers is lead co-ordinator with European and International collaborators, and a Research for Patient Benefit grant for £224,781, with Professor Seers as principal investigator. An additional grant from the UKCRC is currently at contract signing stage, with Dr Staniszewska as principal investigator.

Measures of Esteem

Members of RCN RI have a variety of measures of external esteem, including membership of a research assessment exercise panel, chairing INVOLVE sub groups (patient involvement), editorial board membership, invited plenary lectures, invited national and international scientific committees, contribution to national policy initiatives and contribution to the academic community via external examining, especially at PhD level.

PhD Students

With the start of the strategic alliance, 7 PhD students transferred to University of Warwick and four chose to stay with University of Manchester. Two PhDs have been awarded, one subject to minor corrections. One new PhD student is being supervised jointly with SHSS since January 2008, and another will start in October 2008.

Strategic Alliance Legal Requirements

The strategic alliance between the RCN and the University of Warwick has a legal transfer document, which states the outcomes to be delivered. The Joint Advisory Board meeting in January 2008 reviewed these and agreed progress towards these objectives was satisfactory.

Other developments

Our research strategy was produced in May 2008 in collaboration with all members of the RCN RI (see appendix 1). Our three main themes are patient/user experiences and user participation; patient reported outcome measures; and knowledge transfer and evidence into practice. We plan to work towards more programmatic funding rather than individual grants to increase the sustainability of the unit.

In June 2008 the RCN RI and Warwick Business School organised and co-hosted “The Mirror Game: changing practice through reflection.” This was an international one day workshop on the methods and experiences of articulating practices to produce transformation.

New posts funded

Post	Study	Funder	Start Date & Duration
Research Fellow	Facilitating Implementation of Research Evidence	EU FP7	January 2009 for 40 months
Project Manager	Facilitating Implementation of Research Evidence	EU FP7	January 2009 for 40 months
P/T administrator	Facilitating Implementation of Research Evidence	EU FP7	January 2009 for 40 months
Research Fellow	Review of impact of patient and public involvement on research	UKCRC	12 months (awaiting signatures)

Management of Transition

Staff moved institutions under TUPE arrangements, and had to get used to a new environment. The transition has been smooth, and Professor Seers has worked across sites in both Warwick and Oxford. Some fixed term contract staff are still based in Oxford until May 2009. The whole team has been involved in developing the new research strategy, and an away day is planned for autumn 2008 to review progress and explore views on the progress of the strategic alliance. Overall, the relationship with both the RCN and the University of Warwick is good and the strategic alliance has already proved very successful for both partners.

Leadership

Strong strategic leadership underpins the effectiveness and culture of the RCN RI. We endeavour to model valuing and respect of all staff as we believe this is essential for a team to function well and to enable staff to develop to their full potential.

Conclusion

The RCN RI has emerged from a period of transition with renewed strength and enthusiasm for research. Two large grants have helped embed the strategic alliance, and concrete plans for future development are in place, working towards ensuring the sustainability of the RCN RI.

List of Publications since 2007

- Ara RM, Packham JC, **Haywood KL**. (2008) The direct health care costs associated with Ankylosing Spondylitis patients attending a UK secondary care rheumatology unit. *Rheumatology*. 47(1),68-71
- Elkan R Avis M Cox K Wilson E Patel S Miller S Deepak N Edwards C **Staniszewska S** Kai J (2007) The reported views and experiences of cancer service users from minority ethnic groups: a critical review of the literature. *European Journal of Cancer Care* 16(2),109-121
- Evans R, Edwards AGK, Elwyn G, Watson, E, Grol R, **Brett J** & Austoker J (2008) It's a maybe test': men's experiences of prostate specific antigen testing in primary care. *British Journal General Practice* 57, 303–310
- Chandler-Oatts J**, Nelstrop L. (2008) Listening to the voices of African Caribbean mental health service users to develop guideline recommendations on managing violent behaviour. *Diversity in Health and Social Care*. 5(1),31-41
- Haywood, KL** Garratt AM Lall R Smith JF Lamb SE (2008) EuroQol EQ-5D and condition-specific measures of health outcome in women with urinary incontinence: reliability, validity and responsiveness. *Quality of Life Research* 17, 475-483
- Haywood, KL** (2007) Patient-reported outcome II: selecting appropriate measures for musculoskeletal care. *Musculoskeletal Care*. 5(2),72-90
- Hunt, A., Wisbeach, A., **Seers, K.**, Goldman, A., Crichton, N., Perry, L. and Mastroiannopoulou, K. (2007) Development of the Paediatric Pain Profile, a tool to assess pain in children with severe neurological disability. Video-analysis and saliva cortisol in the everyday setting. *Journal of Pain and Symptom Management*. 33(3),276-289
- Kendall E Catalano T Kuipers P **Posner N** Buys N & Charker J (2007) Recovery following stroke: the role of self management education. *Social Science & Medicine*. 64(3),735-746
- Kitson AL, Rycroft-Malone J Harvey G McCormack B **Seers K** Titchen A (2008) Evaluating the successful implementation of evidence into practice using the PARiHS framework: theoretical and practical challenges. *Implementation Science* 7 3;doi:10.1186/1748-5908-3-1
- Seers K**, Crichton N, Martin J, Coulson K, Carroll D. (2008) A randomized controlled trial to assess the effectiveness of a single session of nurse administered massage for short term relief of chronic non-malignant pain. *BMC Nursing*. 7:10doi:10.1186/1472-6955-7-10
- Seers K**, Crichton NJ, **Tutton, L**, Smith L, Saunders T. (2008) Effectiveness of relaxation for postoperative pain and anxiety: randomised controlled trial. *Journal of Advanced Nursing*. 62(6),681-688
- Seers K** (2008) Guidelines, guidance and evidence. In: McQuay H Kalso E & Moore RA (eds) *Systematic Reviews in Pain Research: Methodology Refined*. Chapter 7, pp85-93. IASP Press, Seattle
- Seers K** (2008) Randomised controlled trials for complex interventions? In: McQuay H Kalso E & Moore RA (eds) *Systematic Reviews in Pain Research: Methodology Refined*. Chapter 26 pp339-348. IASP Press, Seattle

Seers K (2007) Evaluating complex interventions. (editorial). *Worldviews in Evidence Based Nursing*. 4(2),67-68

Seers K & Watt-Watson J (2007) The challenge of unrelieved pain in the 21st century. (editorial). *Canadian Journal of Nursing Research* 39(2),5-7

Staniszewska S, Jones N, Newburn M, Marshall S (2007). User involvement in the development of a research bid: Benefits, barriers and enablers. *Health Expectations*, 10 (2), 173-183.

Taylor R (2008) Use of the internet to optimise collaborative healthcare research. *Nursing Standard*. 22(38),35-38

Tutton E Seers K & Langstaff D (2008) Professional nursing culture on a trauma unit: experiences of patients and staff. *Journal of Advanced Nursing*. 61(2), 145-153

Tutton L, Seers K & Langstaff D (2008) Professional nursing culture on a trauma unit: experiences of patients and staff. *Journal of Advanced Nursing* 61(2),123

Vital FMR, Saconato H, Ladeira MT, Sen A, **Hawkes CA**, Soares B, Burns KEA, Atallah ÁN.(2008) Non-invasive positive pressure ventilation (CPAP or bilevel NPPV) for cardiogenic pulmonary edema. *Cochrane Database of Systematic Reviews* 2008, Issue 3. Art. No.: CD005351. DOI: 10.1002/14651858.CD005351.pub2.

Wyke A Barby A Cowper A Lilleystone J **Staniszewska S** Williams S (2008) What is quality of life in patients? *British Journal of Healthcare Management* 14, 280-287

In Press

Kavanagh, T., Stevens, B., **Seers, K.**, Sidani, S., & Watt-Watson, J. (In press). Examining Appreciative Inquiry as a Knowledge Translation Intervention in Pain Management. *Canadian Journal of Nursing Research*.

Rycroft-Malone, J, Fontenla M, Bick D & **Seers K** (in press). Protocol-based care: The standardisation of decision-making? *Journal of Clinical Nursing*.

Research Reports

Rycroft-Malone J Fontenla M Bick D & **Seers K** (2008) Protocol based care evaluation. Report for National Co-ordinating Centre for NHS delivery and organisation. R&D (NCCSDO) SDO/78/2004

<http://www.sdo.nihr.ac.uk/files/project/78-final-report.pdf> (final report)

<http://www.sdo.nihr.ac.uk/files/project/78-exec-summary.pdf> (executive summary)

<http://www.sdo.nihr.ac.uk/files/adhoc/78-plain-language-summary.pdf> (lay summary)

Research Grants Awarded since August 2007

Funder/Topic/PI	Amount £	Co- investigators	Dates
European Commission FP7. Facilitating the implementation of research evidence Seers	3 million euros	Harvey, Rycroft-Malone. McCormack, Titchen, Cox, Wallin, McCarthy,	January 2009 for 48 months
Research for Patient Benefit. Urgent care needs in diabetes Seers	224,00	Coates, Posner , Canny and Pandaya	September 2008 for 26 months
UKCRC/MRC A structured review of outcomes of patient and public involvement in health and social research. Staniszewska	54,444	Herron-Marx S, Seers K , Bayliss H, Mockfor C, Brett J	November 2008 for 12 months (awaiting signing)
Sigma Theta Tau International Small Grants Competition. Appreciative Inquiry: An interactive organizational intervention to translate acute pain management evidence into paediatric nursing practice. Kavanagh	\$5,000 Canadian	Seers K , Stevens B, Sidani S, Watt-Watson, J.	June 2008- May 2009
Registered Nurses' Association of Ontario. Nursing Research Interest Group Open Research Grant. Appreciative Inquiry. Kavanagh	\$2,000 Canadian	Seers K , Stevens B, Sidani S, Watt-Watson, J.	June 2008- May 2009

ESRC Seminar Series Grant Awarded

Tritter J, **Staniszewska S**, Herron-Marx S. Exploring the Impact of Public Involvement: Understanding the role of theory, practice and culture. Economic and Social Research Council seminar series. £10,500

RCNRI Register of Conferences 2007/2008 (up to 31/08/08)

Date	Conference Title	Attendees
15-17 Aug 07	Knowledge Utilisation Colloquium, Stockholm	Claire Hawkes
26-28 Sep 07	RCN International Network for Psychiatric Nursing Research Conference	Natasha Posner
1-3 Nov 07	RCN Society of Orthopaedic and Trauma Nursing 21 st International Conference and Exhibition	Liz Tutton
4-5 Dec 07	Interdisciplinary Conference: Unhealthy Professional Boundaries	Natasha Posner
7 Mar 08	RCN International Women's Day Conference	Natasha Posner
12-13 Mar 08	1 st Stanmore Fragility Fracture Conference	Liz Tutton
19 Mar 08	DoH National Conference on Information Prescriptions	Natasha Posner
8-11 Apr 08	The 2008 International Nursing Research Conference	Kate Seers Liz Tutton Claire Hawkes Natasha Posner Jackie Chandler-Oatts Rachel Taylor
14-18 Apr 08	The Pain Society Conference	Kate Seers
21 Apr 08	Synthesising Qualitative Research Evidence on Patients Views and Experiences Conference	Natasha Posner
3 Jun 08	The Mirror Game: Changing Practice Through Reflection	Kate Seers Liz Tutton Jackie Chandler-Oatts Rachel Taylor
4-5 Jun 08	NHS Confederation Health Services Research Network Conference	Natasha Posner
5-6 Jun 08	ESRC Global Health Issues and Human Rights	Natasha Posner
9-13 Jun 08	Knowledge Transfer Forum and Knowledge Utilisation Colloquium, Banff	Claire Hawkes
13 Jun 08	2 nd International Emotions Conference 'The Future of Feelings'	Liz Tutton
25 Jun 08	BSA Ageing, Body and Society Study Group Conference	Natasha Posner
30 Jun-3 Jul 08	3 rd ESRC Research Methods Festival	Kate Seers Liz Tutton
9-12 Jul 08	Probing the Boundaries: Interdisciplinary 7 th Global Conference	Natasha Posner

**List of RCN RI Research & Development Seminars and Journal Club Meetings
2007/8**

R&D Seminars		Journal Club
Date	Title	Title
6 Sep 07	Fasting Guidelines (POISE Project) (JCO)	Key learning points from GIN Conference (Jenny Gordon)
11 Oct 07	Library and Information Services (Sarah Cull and Kate Clark)	Library Services at RCN
1 Nov 07	The Lymphoedema Framework Project: Getting Evidence into Practice (Prof Christine Moffat)	Development of a sense of virtual community (RT)
6 Dec 07	Christmas team event	
24 Jan 08	Protocol based care: Evaluation Project (Marina Fontenla)	Dignity Paper (LT)
7 Feb 08	Socio-economic status and informal support in later life-implications of contemporary trends (Ian Atherton, St Andrews)	Ways of Knowing. John Paley paper. (KS)
3 Apr 08	Irritable Bowel Syndrome (Ian Bullock/Jenny Gordon)	The Concept of Hope in Acute Settings (LT)
1 May 08	Research at NCI: Reviewing the Evidence (Sophie Staniszewska)	Michael Sharp Paper (NP)
10 Jul 08	Cost effectiveness of clinical interventions (Sarah Davis)	
4 Sep 08	FIRE Study (Kate Seers)	Warwick library resources session

Appendix One – Constitution of JRCN RI Joint Advisory Board

Joint Advisory Board **Royal College of Nursing Research Institute (RCN RI)** **School of Health & Social Studies** **University of Warwick**

The Royal College of Nursing Research Institute (RCN RI)

The RCN RI was formerly the Research Team at the Royal College of Nursing Institute from 1996-2007. When the RCN wished to develop a strategic alliance with another Higher Education Institute to enhance its ability to deliver high quality research, the University of Warwick was successful in its bid to be the RCN's strategic alliance partner for research. The RCN RI has been a Research Centre within the School of Health & Social Studies at the University of Warwick since 1st August 2007.

Aims of the RCN Research Institute

The RCN RI is committed to staying at the leading edge of research in our specialist areas via national and international inter-disciplinary collaboration. Specifically we aim to:

1. Produce high quality research that improves patient care and impacts on policy.
2. Increase research capacity within nursing by providing high quality research training.
3. Contribute towards the RCN delivering on its strategic objectives.

Terms of Reference for Joint Advisory Board

1. To advise the University, the Royal College of Nursing and the Director RCN RI on strategic planning and direction.
2. To advise on the academic plans of the RCN RI, including scope and range.
3. To review objectives and progress against objectives.
4. To monitor the strategic alliance agreement between University of Warwick and the Royal College of Nursing, and discuss and recommend any variations and developments.
5. To ensure sound financial governance of RCN RI by receiving and commenting on financial statements.
6. To receive and review an Annual Report.
7. To monitor the quality of PhD student experience.

Membership of Joint Advisory Board

1. Two members from University of Warwick.
2. Two members from the Royal College of Nursing.
3. Two external members with expertise in directing research centres.
4. Two user/patient members.
5. One member working in health care and one member from the National Institute for Innovation and Improvement.
6. Director of RCN RI.
7. Director of Research and the Head of the School of Health & Social Studies.
8. One staff member from RCN RI.

Additional members can be co-opted to provide specialist advice as required.

The Joint Advisory Board will be supported administratively by the PA to the Director RCN RI.

Working Methods

1. The Joint Advisory Board will meet twice a year in the first three years, and then at least annually.
2. All matters relating to the Joint Advisory Board will be treated as confidential.
3. Electronic or written communication may be used between Joint Advisory Board meetings.
4. All members will have equal standing on the group.
5. Term of office is three years, renewable for one additional three year period.
6. The Joint Advisory Board will be chaired by an external member.
7. Conflicts of Interest will be declared and recorded.
8. A minimum of five members must be present for a meeting to be quorate. If a meeting is not quorate, and decisions taken will be by Chair's action, and will be ratified by email following the meeting.
9. If a Joint Advisory Board member is not present at three consecutive meetings, a new Joint Advisory Board member may be considered by the Chair and the Director of the RCN RI. It is expected that the member will normally attend, but they can send a fully briefed representative where this is unavoidable.
10. The experience and involvement of users and the impact of that involvement will be monitored.