



# Combining GP practice with research and training

Dr Helen Tyrrell: GP Research Champion for Coventry and Rugby CCG

**CRN West Midlands** 

## **Overview**



- GP partner in central Coventry
- Training practice
- Medial students
- Host practice
- Participate in studies



## **Benefits of Research**



- Improves patient care
  - Access to new therapies and ways of managing & preventing illnesses



- Evidence based medicine
  - 90% of contact within the NHS is in primary care
  - New Knowledge -> better outcomes



- Patients like to be involved
- Financial incentives



# Why should Medical Students and trainees Learn about Research?



- Something different
- Raises portfolio of GP as a speciality
- Considering portfolio career
- Better knowledge of EBM
- Exposure to academic careers
- URSS Undergraduate Research Scholarship Scheme



# How to involve students and trainees



- Screen the lists
- Discuss the studies
- GCP
- Opportunistic studies they have more time to recruit
- Sit in a research nurse clinic





## NIHR Portfolio Studies

A database of high quality clinical research studies that have been assessed and are eligible for CRN support



- Studies go through a competitive application process
- Are ALWAYS ethically-approved
- Must be scientifically valid peer reviewed
- Come with service support costs to reimburse practice time for taking part in study

# NIHR CRN West Midlands Support for Practices





- Facilitators
- GP champions
- Research nurses
- Templates and pop ups
- Study training and support
- GCP
- Results



#### Website:

www.warwick.ac.uk/go/pcresearchparticipation