

Agenda Hypertension Training OMRON Academy Train the Trainer Session
 8 December 2017 at Tongka room, Phuket Marriott Resort and Spa, Merlin Beach

Time	Topic
08:30 - 09:00	Reception, Registration, Coffee and Tea
09:00 - 09:15	Introduction and opening statement – OMRON Academy
09:15 – 10:00	BIHS Guidelines in Hypertension and Routine patient assessment
10:00 – 10:15	<i>15 min. discussion</i>
10:15 – 10:30	Tea and Coffee Break
10:30 – 11:00	Out of Office Blood Pressure - <i>the optimum way to diagnose and manage hypertension</i>
11:00 – 11:10	<i>10 min. discussion</i>
11:10 – 11:40	Atrial Fibrillation and the importance of Home Blood Pressure Monitoring
11:40 – 11:45	<i>5 min. discussion</i>
11:45 – 12:45	Lunch <i>At Thai Pantry restaurant</i>
12:45 – 13:15	Workshop: Diagnosing Hypertension, Blood pressure measurement, and home blood pressure monitoring
13:15 – 13:25	<i>10 min. discussion</i>
13:25 – 14:05	Hypertension in Diabetes
14:05 – 14:15	<i>10 min. discussion</i>
14:15 – 14:30	Coffee Break
14:30 – 15:15	Drug Therapy and Resistant Hypertension
15:15 – 15:25	<i>10 min. discussion</i>
15:25 – 16:30	Case Study
16:30 – 17:00	General Feedback, Queries, and Certification
18.00 – 19.30	Dinner <i>At beach lawn 1</i>