

# Meta-analysis of few small studies in small populations and rare diseases

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- Meta analysis
  - the random-effects model
  - frequentist approaches
  - the Bayesian approach
  - example
- Simulation study
  - heterogeneity estimation
  - effect estimation
- Conclusions

# Meta analysis

## The random effects model

- assume<sup>1,2</sup>:

$$y_i \sim \text{Normal}(\theta_i, s_i^2), \quad \theta_i \sim \text{Normal}(\Theta, \tau^2)$$

$$\Rightarrow y_i \sim \text{Normal}(\Theta, s_i^2 + \tau^2)$$

- model components:

*Data:*

- estimates  $y_i$
- standard errors  $s_i$

*Parameters:*

- true parameter value  $\Theta$
- heterogeneity  $\tau$

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- $\Theta \in \mathbb{R}$  of primary interest (“effect”)
- $\tau \in \mathbb{R}^+$  nuisance parameter (“between-trial heterogeneity”)

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# Meta analysis

## Frequentist approaches

- usual frequentist procedure:
  - (1) derive heterogeneity estimate  $\hat{\tau}$
  - (2) conditional on  $\tau = \hat{\tau}$ , derive
    - estimate  $\hat{\Theta}$
    - standard error  $\hat{\sigma}_{\Theta}$

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<sup>3</sup>G. Knapp, J. Hartung. Improved tests for a random effects meta-regression with a single covariate. *Statistics in Medicine* 22(17):2693–2710, 2003.

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- confidence interval via Normal approximation:

$$\hat{\Theta} \pm \hat{\sigma}_{\Theta} z_{(1-\alpha/2)}$$

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(uncertainty in  $\tau$  not accounted for)

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(uncertainty in  $\tau$  not accounted for)

- Knapp-Hartung approach<sup>3</sup>:
  - compute

$$q := \frac{1}{k-1} \sum_i \frac{(y_i - \hat{\Theta})^2}{s_i^2 + \hat{\tau}^2}$$

- confidence interval via Student-*t* approximation:

$$\hat{\Theta} \pm \max\{\sqrt{q}, 1\} \hat{\sigma}_{\Theta} t_{(k-1);(1-\alpha/2)}$$

---

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# Meta analysis

## Bayesian approach

- Bayesian approach <sup>4</sup>
  - set up model likelihood
  - specify prior information about unknowns  $(\Theta, \tau)$
  - posterior results as  $\propto$  prior  $\times$  likelihood
  - marginal posterior  $p(\Theta | y, \sigma) = \int p(\Theta, \tau | y, \sigma) d\tau \dots$

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<sup>4</sup>A. J. Sutton, K. R. Abrams. *Bayesian methods in meta-analysis and evidence synthesis*. Statistical Methods in Medical Research, 10(4):277, 2001.

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## Bayesian approach

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  - specify prior information about unknowns ( $\Theta, \tau$ )
  - posterior results as  $\propto$  prior  $\times$  likelihood
  - marginal posterior  $p(\Theta | y, \sigma) = \int p(\Theta, \tau | y, \sigma) d\tau \dots$
- Comments:
  - consideration of prior information
  - propagation of uncertainty
  - straightforward interpretation
  - computationally more expensive, usually done via simulation (MCMC, BUGS)<sup>5</sup>
  - special case of simple random-effects MA may be solved semi-analytically (using `bmeta` R package)

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# Meta analysis

## Frequentist and Bayesian approaches

- estimators for  $\tau$  considered in the following:
  - DerSimonian-Laird estimator (DL)
  - restricted ML estimator (REML)<sup>6</sup>
  - Mandel-Paule estimator (MP)<sup>7</sup>
  - Bayes modal estimator (BM)<sup>8</sup>

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<sup>6</sup>K. Sidik, J.N. Jonkman. A comparison of heterogeneity variance estimators in combining results of studies. *Statistics in Medicine* 26(9):1964–1981, 2007.

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- priors for  $\tau$  considered in the following (where  $\Theta = \log(\text{OR})$ ):
  - half-Normal ( $\sigma = 0.5$ )
  - half-Normal ( $\sigma = 1.0$ )
  - Uniform (0.0, 4.0)

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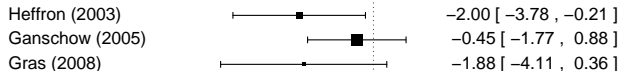
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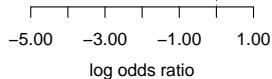
# Example

Crins et al. (2014) data<sup>9</sup>

## Liver transplant example: steroid-resistant rejection (SRR)



data: 3 estimates  
(log ORs)  
and standard errors



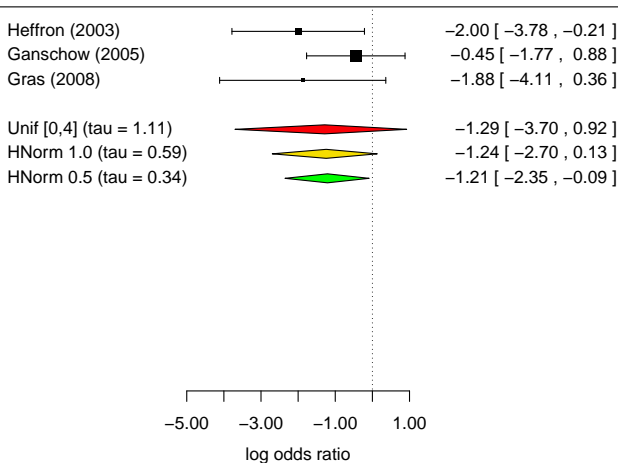
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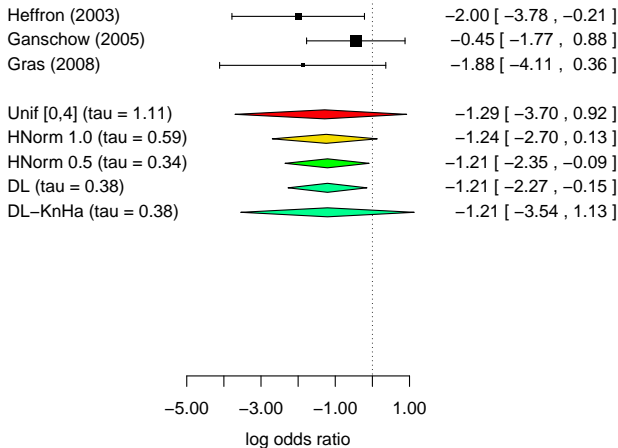
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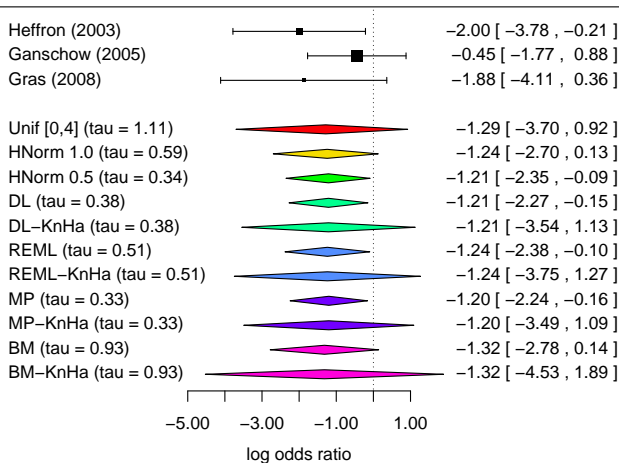
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Crins et al. (2014) data

- different analyses yield different answers
- $k = 2$  to 3 studies is a common scenario  
(majority of meta analyses in Cochrane Database<sup>10</sup>)

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<sup>10</sup>R.M. Turner et al. Predicting the extent of heterogeneity in meta-analysis, using empirical data from the Cochrane Database of Systematic Reviews. *International Journal of Epidemiology* 41(3):818–827, 2012.

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- Simulation study<sup>11</sup>, varying amount of heterogeneity

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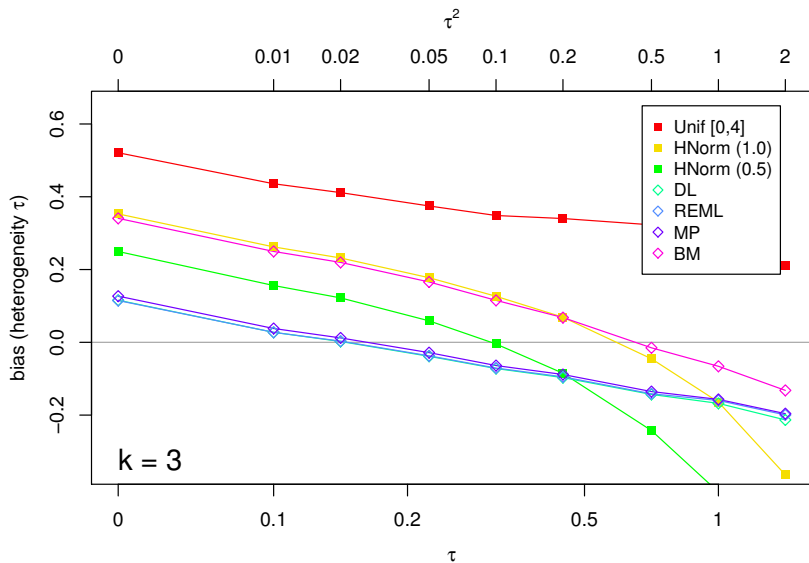
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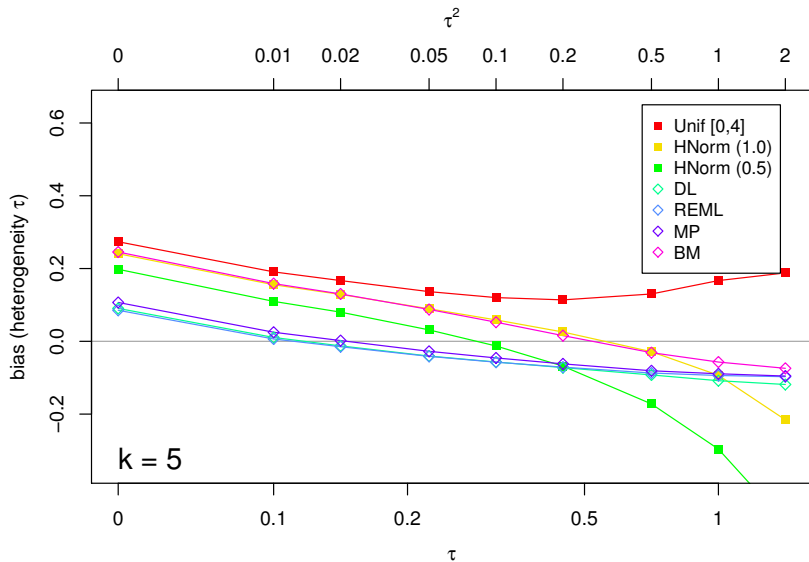
heterogeneity estimation: **bias**





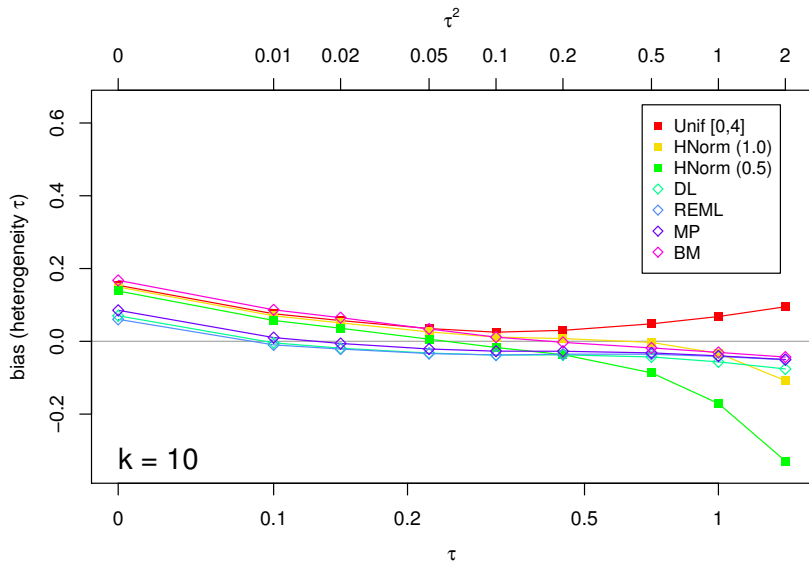
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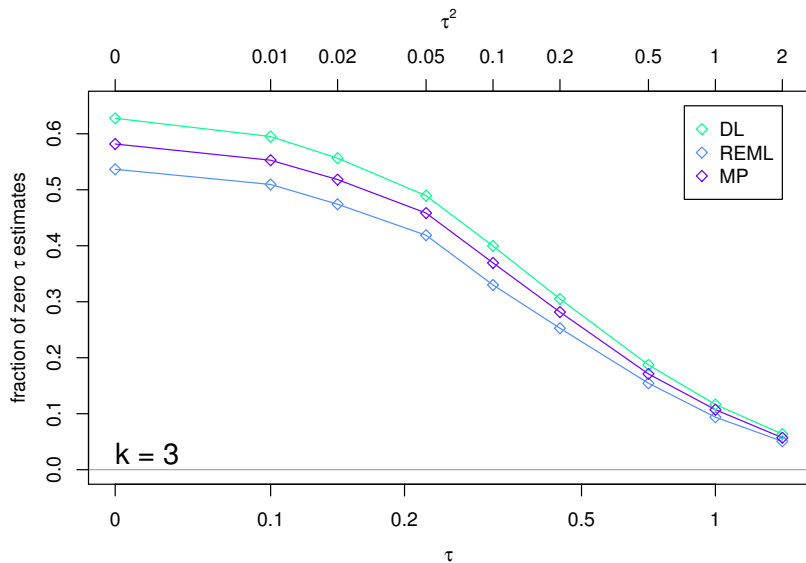
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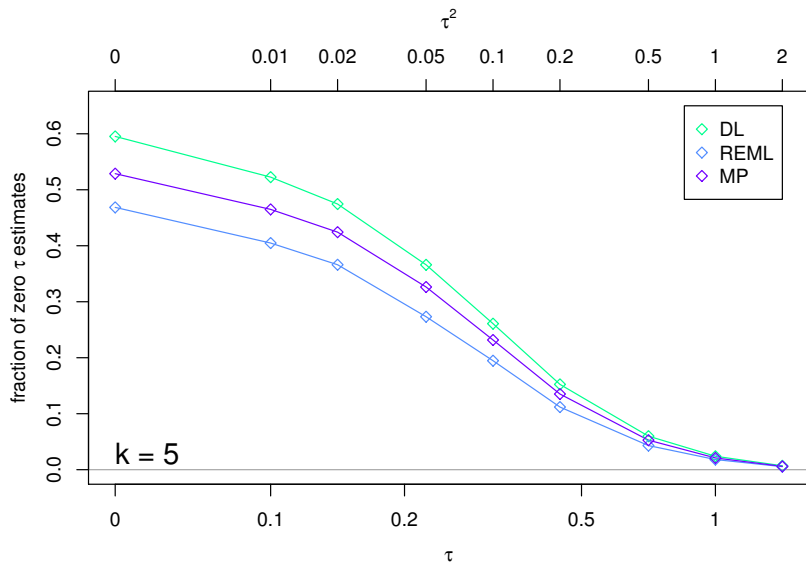
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heterogeneity estimation: **zero estimates**



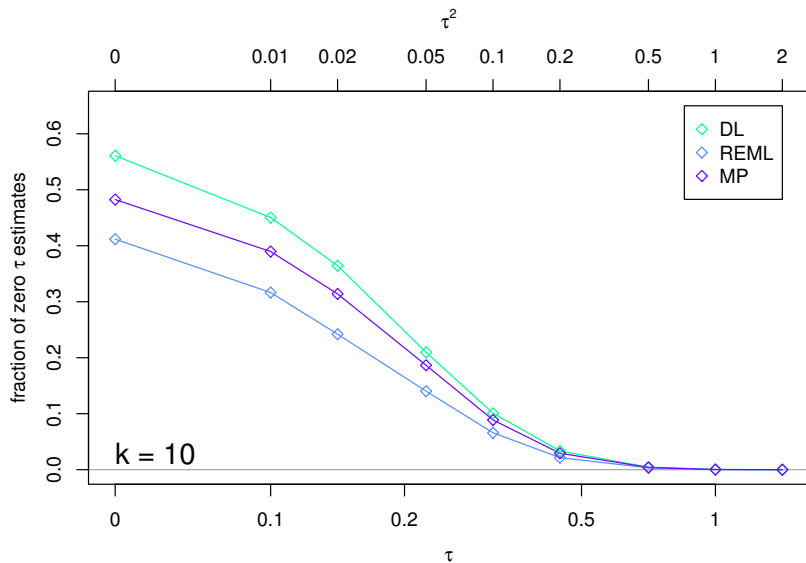
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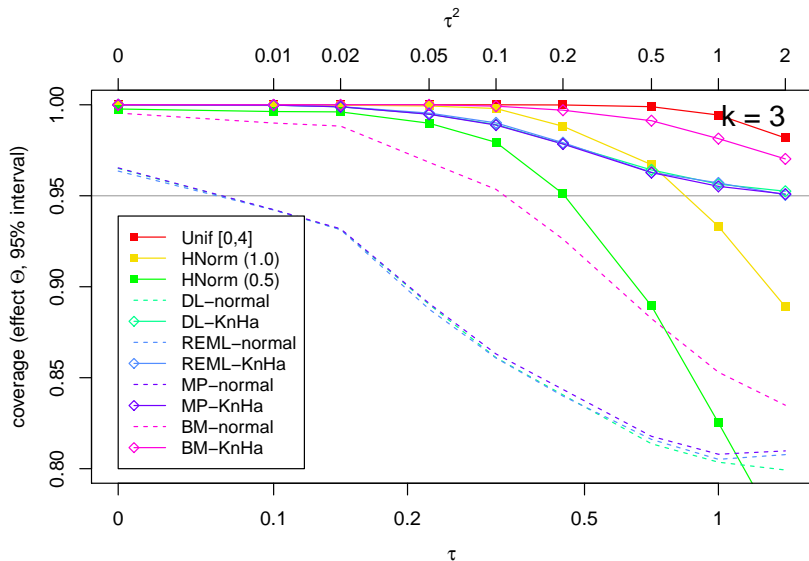
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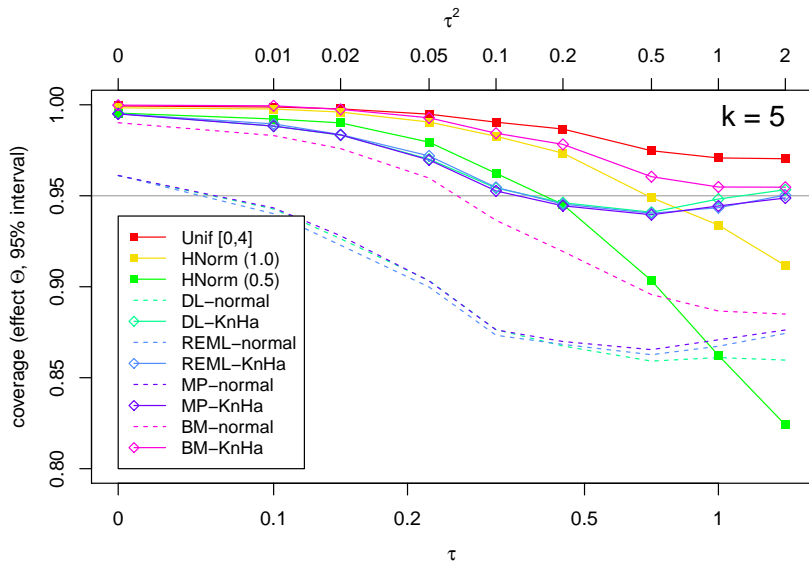
# Simulation study

effect estimation: 95% CI coverage



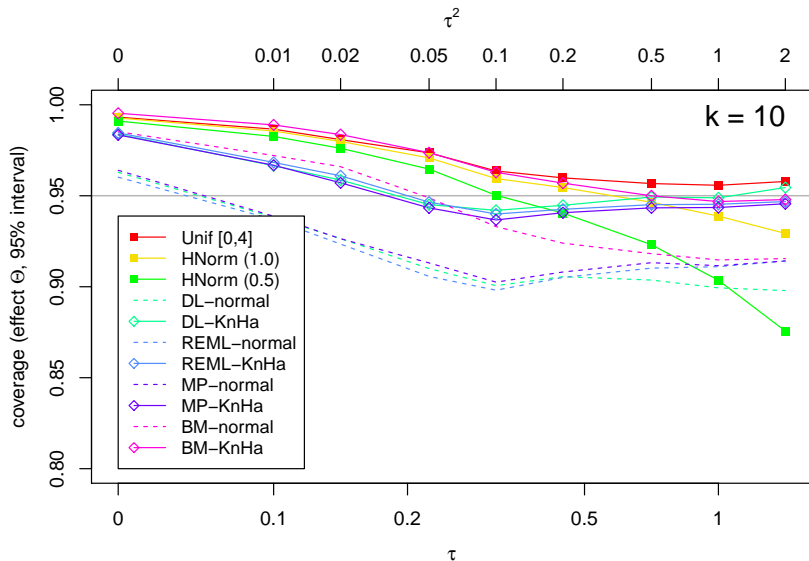
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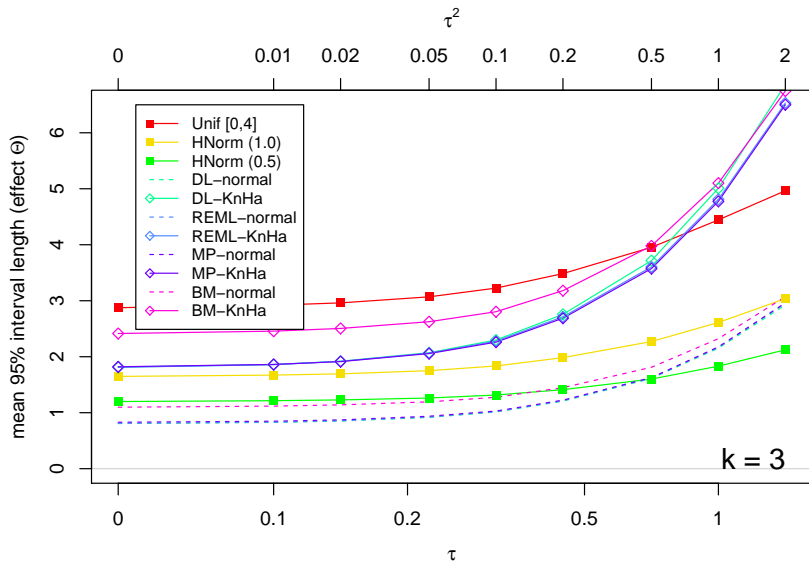
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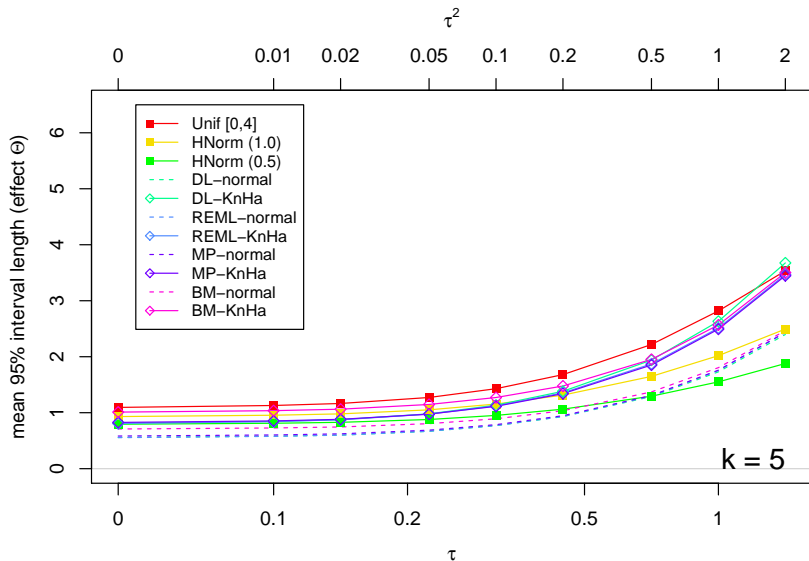
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effect estimation: 95% CI length



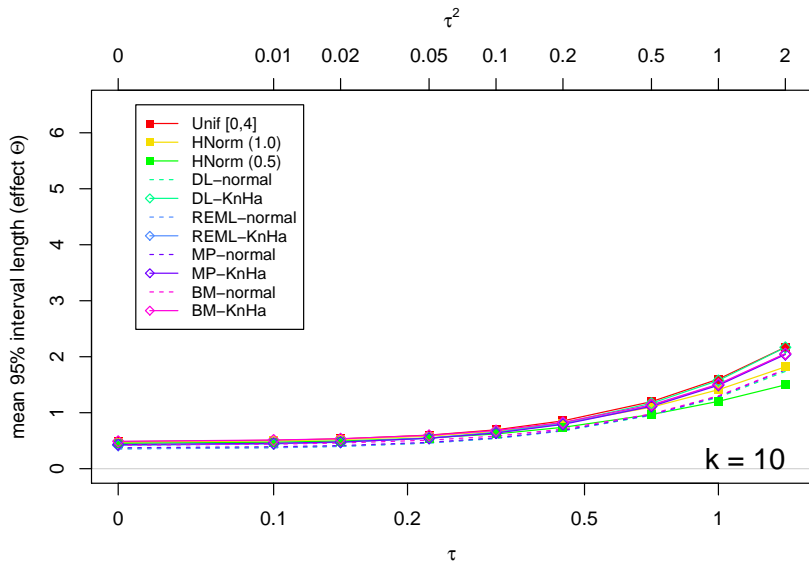
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effect estimation: **95% CI length**



# Simulation study

effect estimation: **95% CI length**



# Conclusions

- small differences between frequentist methods (on average)
- differences most pronounced in (common!) case of few studies
- consideration of estimation uncertainty:  
application of Knapp-Hartung adjustment crucial for nominal level
- surprisingly many zero  $\tau$  estimates
- Bayesian methods behave as expected:  
conservative / anticonservative for “small” / “large”  $\tau$   
 (“Mean coverage” (calibration) accurate *by construction*)
- Bayesian methods allow to utilize external information  
(effect and heterogeneity, e.g.<sup>12</sup>)
  
- investigating properties w.r.t. predictive distributions ( $\theta_{k+1}$ )
- `bmeta` R package to appear on CRAN soon

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<sup>12</sup>R.M. Turner et al. Predictive distributions for between-study heterogeneity and simple methods for their application in Bayesian meta-analysis. *Statistics in Medicine* 34(6):984–998, 2015.

+++ additional slides +++

# Simulation study

## Setup

- number of studies:  $k \in \{3, 5, 10\}$
- heterogeneity:  $\tau^2 \in \{0.00, 0.01, 0.02, 0.05, 0.1, 0.2, 0.5, 1.0, 2.0\}$   
( $I^2 \in \{0.00, 0.06, 0.11, 0.23, 0.37, 0.54, 0.75, 0.85, 0.92\}$ )
- standard errors  $s_i$ : truncated  $\chi^2$ -distribution<sup>13</sup>
- 10'000 repetitions for each combination ( $k, \tau^2$ )
  
- compute Bayesian MAs (3 different priors)
- compute frequentist MAs (different  $\tau$  estimators, Normal and Knapp-Hartung approximation)

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# Implementation

## bmeta R package under development

```
> cochran01 <- bmeta(Cochran1954[,"mean"], sqrt(Cochran1954[,"se2"]))
> cochran02 <- bmeta(Cochran1954[,"mean"], sqrt(Cochran1954[,"se2"]),
+                   mu.prior.mean=150, mu.prior.sd=100,
+                   tau.prior=function(x){return(dexp(x, rate=0.05))})
>
> cochran01$summary
      tau          mu    mu.pred
mode   10.303255 156.504954 154.16345
median 12.888735 157.896520 157.33321
mean   14.844457 158.547999 158.54800
sd      9.950631   8.358115  19.70028
95% lower 0.000000 143.180913 119.77459
95% upper 32.665117 176.106158 200.12309
>
> # compute posterior quantiles:
> cochran01$dposterior(mu.p=c(0.005, 0.995))
[1] 135.0429 187.3122
>
> # plot posterior density:
> x <- seq(from=130, to=190, length=100)
> plot(x, cochran02$dposterior(mu=x), type="l")
> lines(x, cochran01$dposterior(mu=x))
```