

Hypertension: state of the art in 2017

Tuesday, 16 May 2017

Royal College of Physicians, 11 St Andrews Place, Regent's Park, London NW1 4LE

Programme organiser: British and Irish Hypertension Society

09.30 Registration and coffee

09.55 **Welcome and opening remarks**

Professor Jane Dacre, president, Royal College of Physicians

Session 1: Epidemiology and Evidence

Chair: Professor Bryan Williams, University College London

10.00 **New evidence in 2017: how will it change practice?**

Professor Neil Poulter, Imperial College London

10.30 **Hypertension and Heart Failure: is low BP a problem, what is optimal BP, are there meds to avoid?**

Professor Gregory Lip, Sandwell and West Birmingham Hospitals

11.00 Coffee

Session 2: Diagnosis and Investigations

Chair: Professor Franco Cappuccio, BHIS Vice President and University of Warwick

11.20 **Home BP: should it be the cornerstone of hypertension management?**

Dr Richard McManus, University of Oxford

11.50 **Is traditional clinic BP dead?**

Professor Bryan Williams, University College London

12.20 **Aldosterone and resistant hypertension: rarely encountered or commonly missed?**

Professor Morris Brown, Queen Mary's University London

12.50 Lunch

Session 3: Treatment challenges

Chair: Dr Richard McManus, University of Oxford

13.50 **Salt targets – is low salt better?**
Professor Franco Cappuccio, Vice President BHIS and University of Warwick

14.20 **BP targets – is higher BP better?**
Dr Adrian Brady, University of Glasgow

14.50 **What to do when you find your patient is non-adherent to therapy**
Dr Indranil Dasgupta, University of Birmingham

15.20 Tea

Session 4: Hot Topics

Chair: Dr Adrian Brady, BHIS President and Glasgow University

15.40 **New drugs in hypertension**
Professor David Webb, University of Edinburgh

16.10 **Device Therapy for Hypertension in 2017: current status and horizon scanning**
Dr Mel Lobo, Queen Mary's University London

16.40 **Closing remarks by the Chair**

16.45 **Close of conference**