

Swiss Confederation





10th Meeting of the WHO Action Network on Salt Reduction in the Population in the European Region (ESAN) 12 - 13 September 2018, Rome, Italy

Wednesday, 12 September 2018

09:00 Registration

09:30 - 10:00 Introductory Session

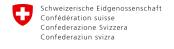
- Opening and welcome of the meeting
 - Daniela Galeone, Senior Medical Officer, Head of the Office 8 "Prevention and Control of Noncommunicable Disease", Directorate General for Prevention, Ministry of Health, Italy
 - Jo Jewell, Nutrition, Physical Activity and Obesity, WHO Regional Office for Europe
- Objectives of the ESAN meeting
 - Michael Beer, Chair of the ESAN, Switzerland
- Presentation of meeting participants

10:00 – 12:30 Session 1: Update on salt reduction strategies within the WHO European Region (including coffee/tea break of 30 minutes)

Chair: Michael Beer, Switzerland

- <u>Country updates</u> (short presentations of 10 min)
 - Italy, Daniela Galeone, The current salt reduction strategy
 - Spain, María José Yusta, New reformulation strategy with regard to salt
 - Netherlands, Marieke Hendriksen (RIVM), <u>Estimated effect of lower salt contents in foods on</u> daily salt intake in the Netherlands
 - Israel, Ronit Endevelt, <u>The Israeli challenge over reformulation to reduce salt intake a</u>
 national survey
 - Bulgaria, Vesselka Duleva, <u>Salt intake in Bulgarian population at the age of 15-75 years estimated from sodium urinary excretion</u>
 - Norway, Henriette Øien, Update on the salt partnership in Norway
- <u>Update from WHO Headquarters and Regional Office for Europe about current initiative work, Chizuru Nishida (10 min)</u>

12:30 - 14:00 Lunch break



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14:00 – 15:15 Session 2: Sources of salt intake

Chair: Jo Jewell, WHO Europe

- <u>Continuation: Update from WHO Headquarters and Regional Office for Europe about current initiative work</u> and <u>New data on sodium in foods from the WHO/Europe FEEDCities project</u>, Jo Jewell (20 min)
- Republic of Moldova and Montenegro: New data on sodium in foods from national surveys, Francesco Cappuccio, University of Warwick, UK (10 min)
- Montenegro: national "rulebook" for salt in bread and planned activities on meat products,
 Radana Damjanovic, Deputy Minister of Agriculture, Montenegro (10 min)
- <u>Dietary Sources of High Sodium Intake in Turkey: SALTURK, Sodium content in packed foods,</u>
 Yunus Erdem, Department of Internal Medicine, Division of Nephrology, Hacettepe University
 Faculty of Medicine, Turkey (10 min)
- <u>Developing a salt reduction resource kit for WHO European Region: reflections on experience</u> from the <u>Americas</u>, Branka Legetic (10 min)
- Discussion

15:15 - 15:45 Coffee/tea break

15:45 – 17:00 Session 3: Understanding the market and informing consumers

Chair: Francesco Cappuccio

- Salt tax in Portugal, Francisco Goiana da Silva, Portugal (via Webex,10 min)
- Modelling the impact of salt taxes, Linda Cobiac, WHO collaborating centre Oxford (10 min)
- foodDB using big data techniques to track the nutritional composition of foods in the UK, Vyas Adhikari, University of Oxford, UK (via Webex, 10 min)
- App "Do I choose healthy?", Ivon Milder, RIVM, Netherlands (10 min)
- Discussion (15 min)

17:00 – 18:15 The science of salt and health – addressing recent controversy, Francesco Cappuccio

Chair: Pasquale Strazzullo, Federico II University of Naples, SINU (Italian Society of Human Nutrition)

19:00 Joint dinner



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Thursday, 13 September 2018

08:30 - 11:00 Session 4: Workshop "skills lab"

Chair: João Breda, Head of WHO European Office for the Prevention and Control of Noncommunicable Diseases & a.i. Programme Manager Nutrition, Physical Activity and Obesity, WHO Regional Office for Europe

Workshops to share scientific know how (90 min):

- **Group 1:** Monitoring sodium intake and integrating into ongoing surveillance (Ivo Rakovac and Francesco Cappuccio)
- **Group 2:** Approaches to monitoring the composition of the food supply (Ivon Milder, Michael Beer and María Jose Yusta)
- Group 3: Sodium and nutrition labelling (Jo Jewell, Chizuru Nishida and Ronit Endevelt)
- Coffee/tea break (15 min)
- Presentations of workshop results to all (15 min)
- Discussion (15 min)

11:00 - 11:30	Discussion: Participation of NGOs as observers
11:30 – 12:00	Special session: Celebrating 10 years of ESAN – Review and outlook of the WHO salt reduction action, João Breda, WHO Europe
12:00 – 12:15	Conclusions, next steps, next host country
12:15 – 14:00	Goodbye lunch