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# Meeting of the WHO Action Network on Salt Reduction in the Population in the European Region (ESAN)

16 June - 17 June 2015, Athens, Greece

#### Tuesday, 16 June 2015

### 13:00 Registration

# 13:30 - 13:45 Introductory Session

- Opening and welcome of the meeting
   Antonia Trichopoulou, President of Hellenic Health Foundation, Greece
   Eirini Tsigarida, Head of Nutrition Policy & Research Directorate of Hellenic
   Food Safety Authority, Greece
   João Breda, Programme Manager Nutrition, Physical Activity and Obesity, WHO
   Regional Office for Europe
- Objectives of the ESAN meeting Michael Beer, Chair of the ESAN, Switzerland
- Presentation of meeting participants

# 13:45 – 15:30 Session 1: Update on salt reduction strategies within the WHO European Region

Chair: Liliane Bruggmann

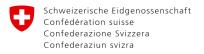
- Global status report on noncommunicable diseases 2014 Focus on salt in EUROPE - João Breda, WHO Regional Office for Europe
- Countries updates (short presentations of 5 10 minutes)
  - Greece Georgios Marakis, Hellenic Food Authority
  - Hungary Hungarian update on salt reduction initiative Eva Martos -National Institute for Food and Nutrition
  - Norway Salt action plan 2014-2018 Hilde Skyvulstad, Norwegian Directorate of Health
  - Sweden Salt Campaign: latest development Anette Jansson National Food Agency
  - Switzerland Liliane Bruggmann, Federal Food Safety and Veterinary Office FSVO

#### 15:30 - 16:00 Coffee/tea break

#### 16:00 – 18:00 Session 2: Moving from salt to other nutrients

Chair: Finland, Sirpa Sarlio-Lähteenkorva

 Reformulation initiatives in the EU: updates on the recent development -Stephanie Bodenbach - DG SANTE



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- Countries updates
  - Sweden New Criteria's for the keyhole Anette Jansson National Food Agency
- Discussion about further development of the Network

#### 19:30 Joint Dinner

### Wednesday, 17 June 2015

#### 09:00 - 10:45 Session 3: Research Projects

Chair: WHO Regional Office for Europe, João Breda

Presented Research Projects:

- Project: "Food Reformulation in the Netherlands; monitoring and studies";
   Liesbeth Temme; WHO Collaborating Centre for Nutrition; National Institute for Public Health and the Environment, RIVM
- Project: "Salt and inequality"; Francesco Cappuccio, University of Warwick, Warwick Medical School, Division of Mental Health & Wellbeing
- Project: "New Approaches for Salt-Reduction in Food", Dominic Wimmer, Fraunhofer-Institut, Germany

Discussion about possible joint research projects in the framework of Horizon 2020 and/or joint action EU – *João Breda* 

## 10:45 - 11:15 Coffee/tea break

#### 11:15 – 12:45 Session 4: Working group

Chair: Switzerland, Michael Beer

- Project: "Bread-Monitoring in Switzerland", *Michael Beer, Vice-Director, Federal Food Safety and Veterinary Office FSVO, Switzerland*
- Reporting back on WG "Bread" Michael Beer
- Countries updates, discussion and next steps

#### 12:45 - 13:45 Lunch break

#### 13:45 – 15:00 Session 5: WHO Sugar Guidelines

Chair: WHO, João Breda

 Sugar Reformulation coincide with WHO Sugar Guidelines, Jo Jewell, Technical Officer Nutrition Policy

#### 15:00 – 15:30 Conclusions, next steps, next host country