UKCOACHING

SPORTS CULTURE AND COMMUNICATION RESEARCH COLLECTIVE

<u>Talk 2:</u>

The Language of Leadership in Sports Teams

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Thinking about leadership

Task:

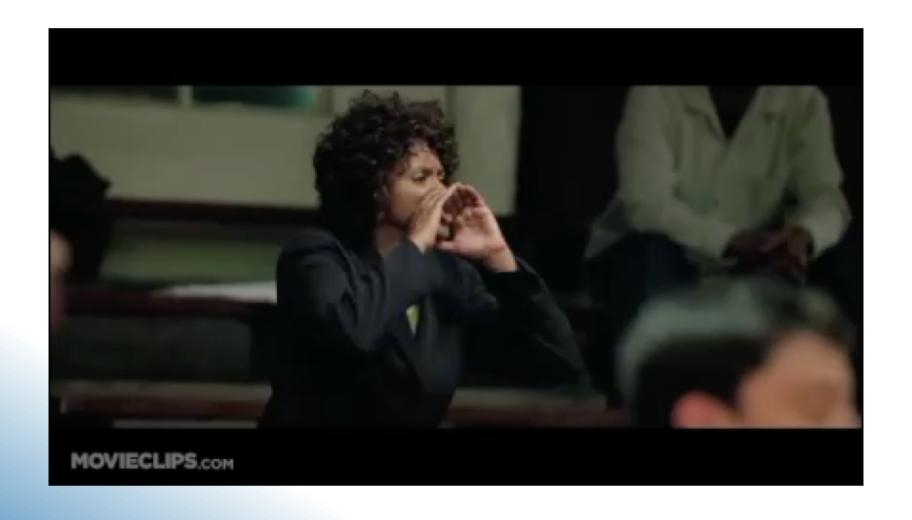
In your teams, make a list of the activities that you associate with leadership.

Which of these activities, do you think, are particularly important in a sports context?

In a sports team context, who, do you think, is typically doing leadership?

What are the best ways of doing leadership?

An example of leadership

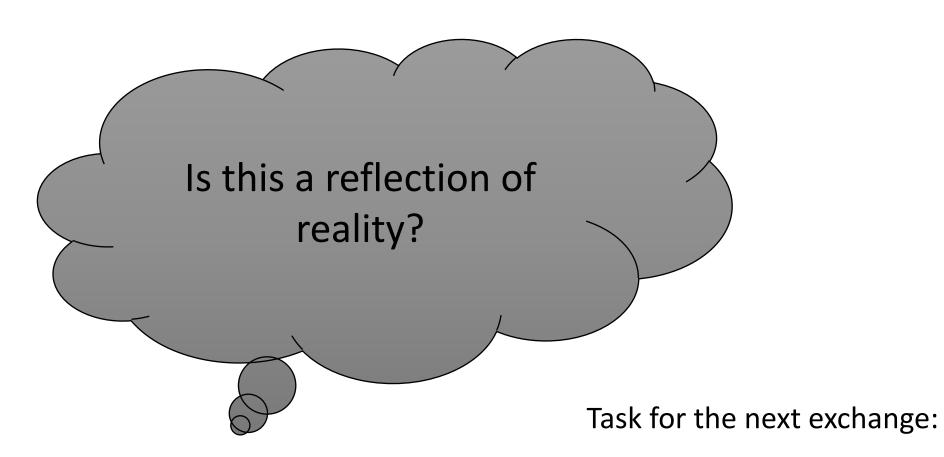


Task for clip 1:

- ✓ Who is doing leadership?
- √ How is leadership done?
- ✓ What is the role of the players?



https://www.youtube.com/watch?v=qUiptlAJcyQ&t=68s



- ✓ Who do you think is talking?
- ✓ What makes you think so?

An (authentic) example of leadership

1	Let' go forty-five seconds forty-five seconds
2	Watch screen watch screen
3	Hey one shot left one shot left (2.0)
4	fourteen seconds
5	Five four three two
6	((horn))
7	That's fine ((hi-5 with Jay))
8	They're good not better

But leadership is not always a lonely exercise

Task for extract 2 (handout):

- 1. Highlight the bits where you think leadership is done
- 2. Who is involved in this doing of leadership?
- 3. Describe how exactly the leadership is *done*
- 4. How is this different to the other examples?

One more example

Tasks for Extract 3:

- 1. Think about how leadership is done here identify concrete language elements
- 2. Think about who does leadership (when and how)

Reflections

- What do you think about the different ways of doing leadership?
 - Collaborative vs. individual
 - Transactional vs. relational
- What kind of leadership, do you think, is most effective for your teams?
 - How can this be achieved?
 - What advice would you give the team in the extracts?

Just some of the things to take away

- Acknowledgment that leadership is often a collaborative accomplishment
 - → empowering players to do leadership
 - → what does this mean for leadership/coaching training and workshops?
- Language is key for doing leadership (in sports and other contexts), but there's no simple set of rules to follow
 - → what works best is very much dependent on the context and the team etc.
- Applied linguistics can help identify and raise awareness of how leadership is done (and by whom)
 - → may also be useful for when things go wrong



Thank you ©

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