



Adapting to life and study in the UK

WARWICK
STUDENT OPPORTUNITY

Today's aims



Today you will:

- Explore the diversity of British culture and talk about some practical differences you might experience living and studying in the UK
- Talk about the adventure and challenges of adjusting to a new culture
- Answer your questions – you can submit these at any time

Go to [Vevox.app](https://vevox.com)

Enter the code shown on the screen

Ask a question

If you could ask a friend to explain something about:

- Living and studying in the UK, or
- British culture

What would you ask?



Cultural transition

- Its normal to have feelings of anxiety, stress or surprise when you move from a familiar culture to somewhere different
- Remember that others are adjusting too
- Maintain contact with the familiar....but do step out and try new things!
- For more information about transition visit Wellbeing website <https://warwick.ac.uk/services/wss/topics/transitions/>



Helpful things at Warwick

What can help you adjust?

International Student Success

Preparing for student life in the UK

International Student Success

By the end of this module, you will be able to:

- Describe the key steps required to obtain a Student visa and how to prioritise them
- Identify the different types of student accommodation in the UK and consider which of these best suits your needs

Learning outcomes

Introduction

Using the module

Culture: Adapting and managing expectations

International Student Success

By the end of this module, you will be able to:

- Recognise what culture is and how we adapt to it
- Identify the potential differences between British culture and your own culture to help you think about how you can make the most of new cultural experiences

Learning outcomes

Introduction

Using the module



<https://warwick.ac.uk/students/welcome/beforeyouleave/course>

Come to our Intercultural workshops

[warwick.ac.uk/
interculturaltraining](http://warwick.ac.uk/interculturaltraining)





Join our Global Connections Community

Visit warwick.ac.uk/globalconnections for more information



Typically British?

<https://tinyurl.com/adaptwarwick>



Feedback

We'd love to hear your thoughts



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