COVENTRY OPEN MEET

PROMOTED BY:

BRITISH MILERS CLUB, BRITISH WHEELCHAIR RACING ASSOCIATON

Shallers & COVENTRY GODIVA HARRIERS





PARALLEL SUCCESS



ATHLETE INFORMATION

Welcome to the Coventry Open! Thanks to the British Wheelchair Racing Association, British Milers Club, Coventry Godiva Harriers and Officials for their support at this event. Photo Finish provided by Justiming.

COMPETITION: Saturday 24th August 2pm – 5pm Sprints & 5pm – 7.30pm Endurance Races

DIRECTIONS: The athletics track is on Kirby Corner Road, with signs to "Westwood Games Hall".

Postcode CV4 7AL – don't follow SatNavs onto main campus. Click->CAMPUS MAP

CAR PARK 12: ENTRANCE TO THE ATHLETICS TRACK







PARKING: Car Park 12 next to track. This will fill up quickly and only 4 disabled spaces.

Car Park 13 Tennis Centre - suggested parking for all wheelchair users (Security notified)

There are no parking charges on a Saturday.

ENTRANCE: Via gates next to the Tennis Centre (not through the Sportshall or Car Park 12).

£3 admission, except: Officials, Volunteers and Organisers & WCR athletes needing assistance (x1).

REGISTRATION: Coventry Godiva Clubhouse.

RACE CALL-UP: <u>10min before race time</u> – behind start position. (No Call-Room).

TIMETABLE: Final versions will be posted at Registration & Results Board – including Start Lists & Lane Draw.

WARM-UP: Permitted on track away from competition i.e. back straight during 100m / 200m races.

Inside four lanes for wheelchair racers only & allocated times for full laps (helmets must be worn).

CLOTHING: Club, Regional or International vests should be worn (UKA Rules). Maximum spike length 6mm.

Helmets must be worn for all wheelchair races AND warm-up.

REFRESHMENTS: Hot & Cold Drinks, plus sweets and snacks available in Clubhouse. 24 hour Tesco ½ mile away.

MEALS: Varsity Pub - 300yds from track for Post-Race pub food!!

