

CLASS DESCRIPTIONS

STARTER

For players new to the game

STARTER PLUS

For players returning to the game or players who have been at Starter level for a while

IMPROVER

Fairly consistent with a normal ball. Introducing shot control, spin and tactics

INTERMEDIATE

Competent players looking to improve tactically and technically

CARDIO TENNIS

A fun tennis fitness workout to music for all standards

FF50'S

Informal coaching and social play for players aged 50 or over.
Improver and Intermediate players: Coaching 9.30—10.30am
and social play 10.30am —12.30pm.

Starters and Starter Plus players: Coaching 10.30—11.30am and
social play 11.30am—12.30pm.

This is FREE for members of the University of Warwick Tennis Club
and Pay & Play for non-members.

DOUBLES CLUB

A Pay & Play session specialising in Doubles tactics and shots.
One hour of coaching plus one hour of court time to play and
put the drills into practice.

THE UNIVERSITY OF
WARWICK



AUGUST 2013

ADULT TENNIS COACHING PROGRAMME
AT
THE UNIVERSITY OF WARWICK
INDOOR TENNIS CENTRE

Websites: www.go.warwick.ac.uk/tenniscentre
www.inspire2coach.co.uk

Find us on Facebook: www.facebook.com/tennisinallweather

This programme will run from
Tuesday August 6th to Thursday August 29th

The Clinics dates are: **August 12th and 19th**

SESSION TIMES

DAY	SESSION AND TIME	SESSION AND TIME	SESSION AND TIME	SESSION AND TIME
Monday			Specialist Clinics 6.30—8.30 12th: Serve like the Pros 19th: Groundstroke winners	
Tuesday	Doubles Club 9.30—11.30	Cardio Tennis 5.30—6.30	Improver and Intermediate 6.30—7.30	
Wednesday	Fit from 50's 9.30—11.30			
Thursday		Starter and Starter Plus 5.30—6.30	Cardio Tennis 6.30—7.30	

BOOKING PROCEDURE

Clinics

- Payment must be made at the time of booking
- The cost per Clinic is £12.50

Sessions may be cancelled 24 hours in advance if there are insufficient bookings

Cardio, Improver and Intermediate, Starter and Starter Plus

- Payment must be made at the time of booking
- The cost for 4 sessions is:
 Students: £20.00
 Staff: £25.00
 General Public: £30.00
- All 4 sessions must be booked in a single transaction
- 10% discount on production of your University Tennis Club Membership card
- If you would prefer to pay for single sessions the cost is £8.00 per session

Sessions may be cancelled 24 hours in advance if there are insufficient bookings

Please call Reception on 02476 150690 for further information or to book your place. Alternately, call in at the Tennis Centre at any time