



# SO YOU WANT TO GO TO CANADA EH?

The process of applying to CaRMS *Leila Makhani*

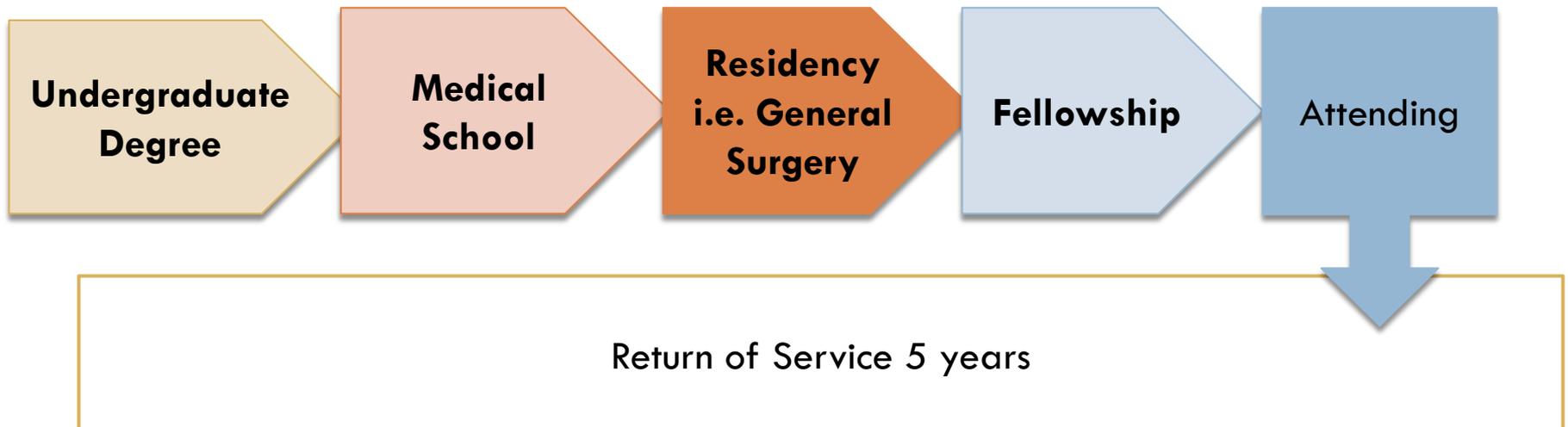
# Overview

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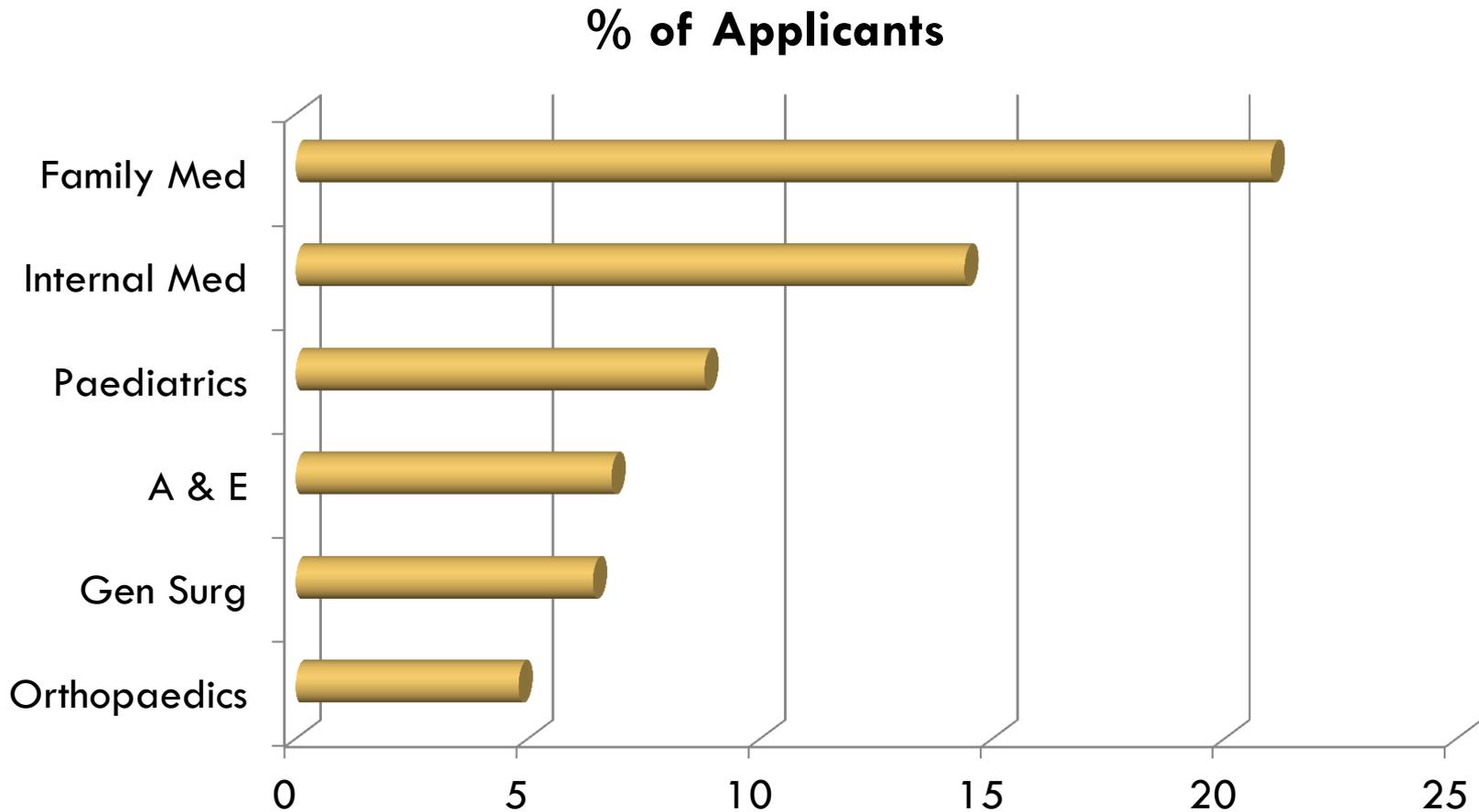
- Training in Canada (Ontario)
- The process of applying / timeline
- The exam
- How to stay competitive
- Useful resources
- Questions

# Training in Canada

- Direct entry into clinical specialty (“run-through”)
- Complete relevant rotations (basically everything!)
- 2 – 5 years
- “IMG’s” = International Medical Graduates



# Top Specialties For IMGs



# Training in Canada

## □ Family Medicine

- 2 years (rotations include: GP, O&G, Paeds, Surgery, Internal Med, A&E, etc.)
- Option for 1 year sub-specialty

## □ Internal Medicine

- 3 years
- 2 years sub-specialization
- 1 year fellowship

# Match Results 2012

Specialty	No. of Applicants (1 <sup>st</sup> choice)	No. Matched
Family Medicine	900 (c.f 1800 total)	146
Internal Medicine	182 (c.f 700 total?)	34
Psych		
O&G		
Paeds		

# Match Results 2012

Medical School	Final Participation		
	2012 Graduates	Previous Years Graduates	Total
CMG	2626	91	2717
IMG	323	1833	2156
United States Medical School	41	6	47
<b>Total</b>	<b>2990</b>	<b>1930</b>	<b>4920</b>

Match Results			Unmatched		
2012 Graduates	Previous Years Graduates	Total	2012 Graduates	Previous Years Graduates	Total
2557	65	2622	69	26	95
141	266	407	182	1567	1749
30	1	31	11	5	16
<b>2728</b>	<b>332</b>	<b>3060</b>	<b>262</b>	<b>1598</b>	<b>1860</b>

# Match Results 2012

Total IMG  
Participants in  
Match = **2156**

323 = final  
years

1833 =  
graduates

Total IMG's  
Matched = **407**

141 = final  
years

266 =  
graduates

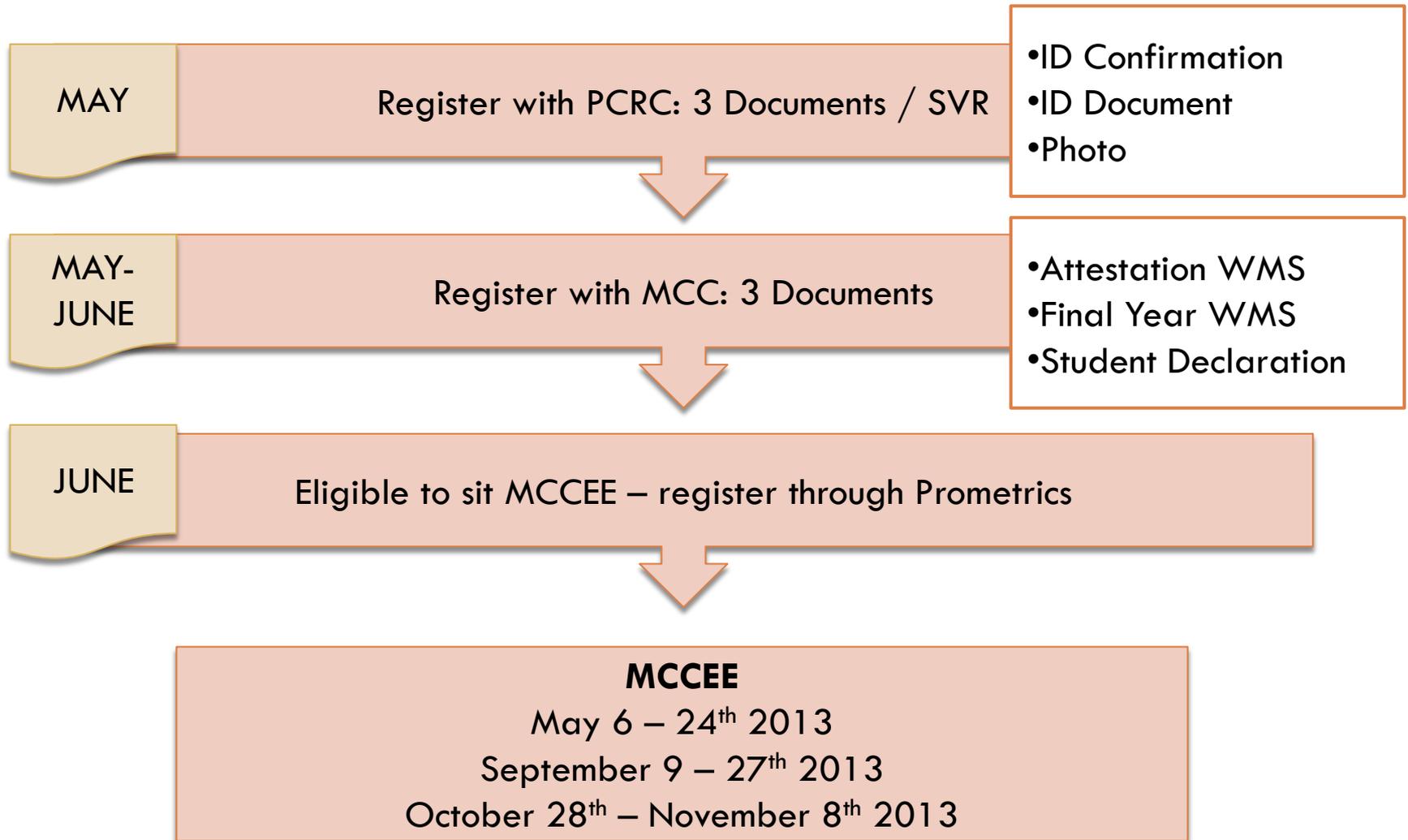
# The Process

- Registration for MCCEE (Medical Council of Canada Evaluating Exam) / MCC
- CaRMS (Canadian Residency Matching Service)

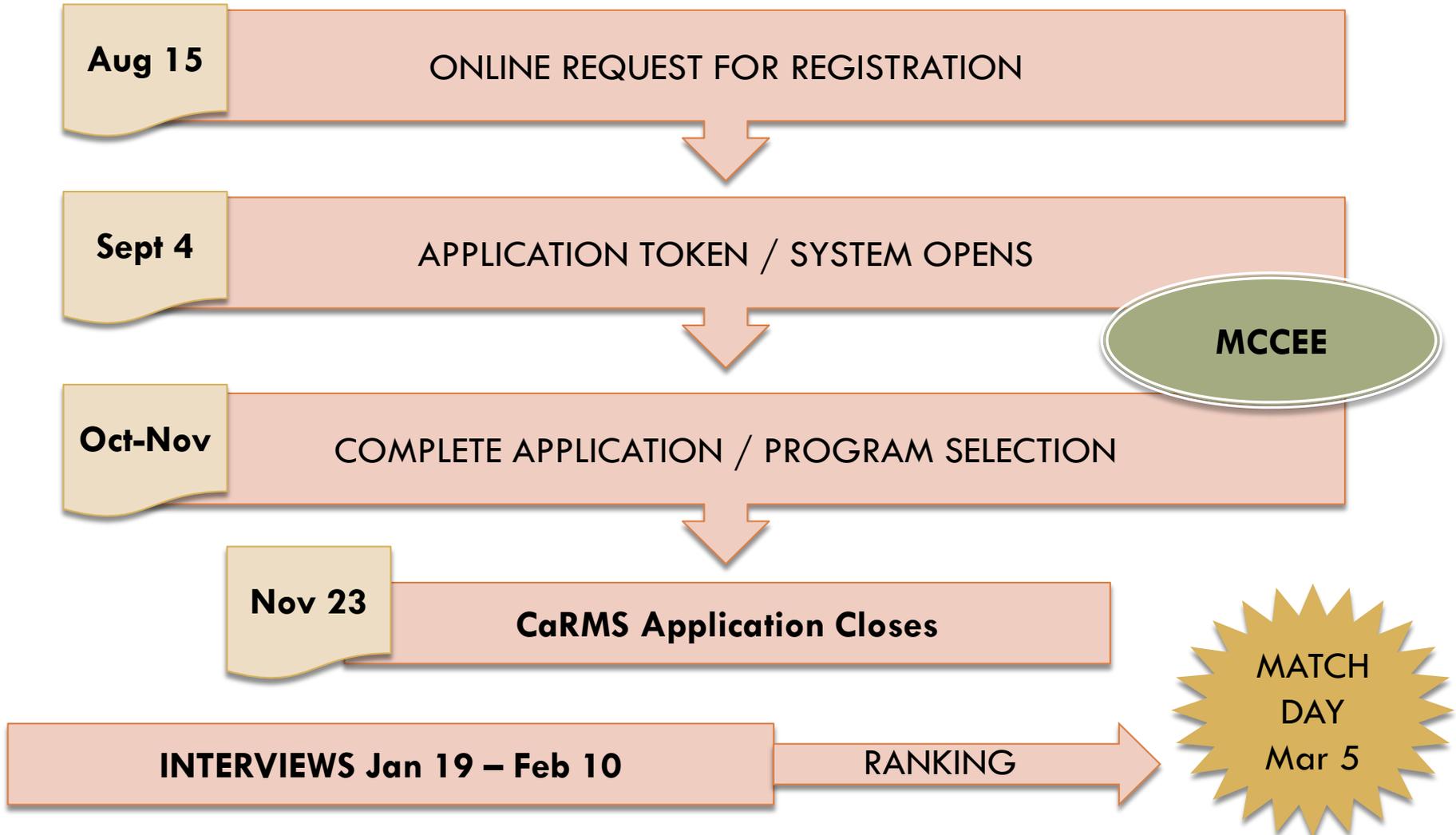
## Organizations involved:

- PCRC
- MCC

# Registration for MCCEE



# Applying To CaRMS



# CaRMS Application

- Browse program descriptions – can start now!
- CV / photo
- 3 reference letters
- Personal letter
- Medical Student Performance Record / transcript
- **THE APPLICATION**
- MCCEE statement of results
- Document Assignment
- Interview
- Ranking (post-interview)

# The Application

- Multiple sections
  - Education (non-medical & medical)
  - Electives
  - Scholarly activities & research
  - Publications/Presentations
  - Observerships
  - Professional training & certifications
  - Work/Volunteer experience
  - Achievements & Interests
- Title and description for each entry – put ALL down

# Medical Student Performance Record

- Speak to WMS student office early
- Letter from the Dean – can incorporate activities you would like to highlight
- Transcript (Phase I + II to date)
- Block evaluation forms

# Document Assigning

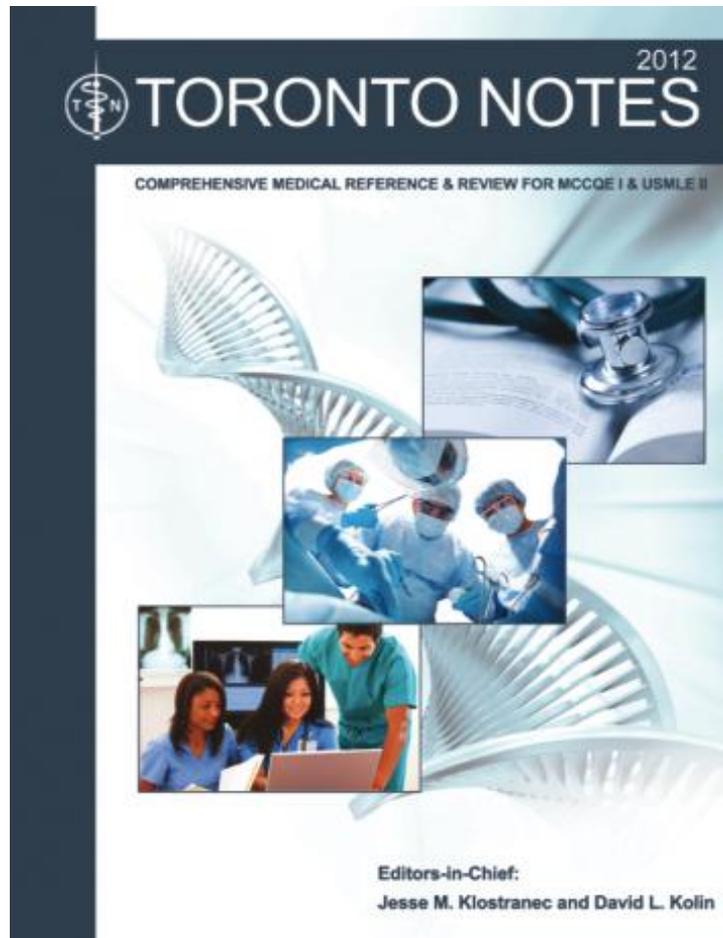
- Each program has individual requirements
- Assign unique documents (i.e. reference letters) to each individual program
- Time-consuming
- For example: Family Medicine has 19 possibly programs = same requirements for each, but have to assign documents to each program

# The MCCEE

- 180 MCQ (SBA)
- 4 hours
- 150 questions scored
- Calibrated to difficulty scale
- No negative marking



# The MCCEE



- Comprehensive set of notes
- Covers all specialties (29 chapters)
- Great Resource!

# The MCCEE

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## QBank for the MCCEE

**3772** of the very best, classic,  
simulated Multiple Choice Questions

### Preparation Questions for the MCC Evaluating Exam

The QBank for the MCCEE is the very best source of practice, p  
and review questions for this exam.

# CaRMS Interviews

- January 19<sup>th</sup> – February 10<sup>th</sup> (2013)
- Family Medicine: Joint standardized interview for all programs
- Remaining programs either panel interview or Multiple Mini Interview (MMI)
- Behavioural-type questions

# Further Exams

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- MCCQE1
- MCCQE2
- NAC OSCE

# Total Cost



# How To Stay Competitive

- Observerships – *any chance you get!*
- Clinical rotations in Canada
- Research & publications – *it's possible* 😊
- Elective

# Top Tips

- Think about what specialty you want to enter
- Try and smash the MCCEE
- Start early – big bottleneck in November
- If in 1<sup>st</sup>/2<sup>nd</sup> year – arrange for Canadian experience now and think about references
- Electives: rural is good
- Speak to WMS early
- Start making a list of all your activities to date
- Prepare CV and work backwards

# In Summary

## Medical Council of Canada / Exam

**NOW:** PCRC/MCC Registration  
(ID, Documents, WMS, Photo)

**JUNE:** Registration for MCCEE

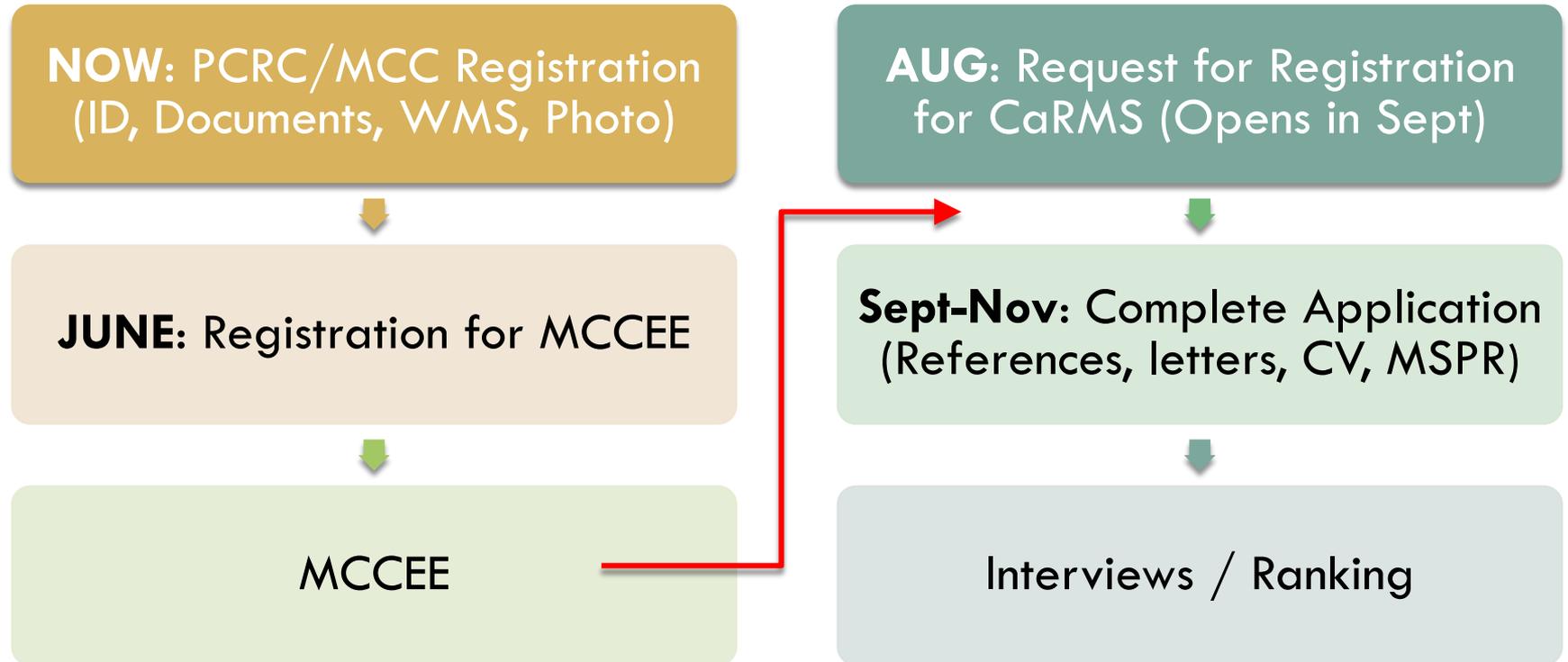
MCCEE

## CaRMS Application

**AUG:** Request for Registration  
for CaRMS (Opens in Sept)

**Sept-Nov:** Complete Application  
(References, letters, CV, MSPR)

Interviews / Ranking



# Useful Resources

- Health Force Ontario (Ministry of Health)
- <http://www.pcrc.org/en/index.php>
- <http://www.mcc.ca/en/index.php>
- <http://www.canadaqbank.com>
- <http://www.carms.ca>
- WMS
- leila.makhani@gmail.com

THANK YOU – *Questions?*

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**MISSION:  
POSSIBLE!**

**TABLE 10 INTENDING TO RETURN TO POSTGRADUATE TRAINING IN CANADA:  
TOP CHOICE DISCIPLINES FOR POSTGRADUATE MEDICAL TRAINING IN CANADA**

First Choice Discipline	n	%
Family Medicine	205	21.0%
Internal Medicine	141	14.4%
Pediatrics	86	8.8%
Emergency Medicine	66	6.8%
General Surgery	63	6.4%
Orthopedic Surgery	47	4.8%
Obstetrics & Gynecology	36	3.7%
Cardiac Surgery	19	1.9%
Anesthesiology	18	1.8%
Neurology	18	1.8%
Psychiatry	16	1.6%
Diagnostic Radiology	15	1.5%
Neurosurgery	11	1.1%
Radiation Oncology	11	1.1%
Ophthalmology	10	1.0%
Plastic Surgery	9	0.9%
Dermatology	4	0.4%
Urology	4	0.4%
Otolaryngology	3	0.3%
Physical Medicine & Rehabilitation	3	0.3%
Community Medicine	2	0.2%
General Pathology	2	0.2%
Hematological Pathology	2	0.2%
Neurology – Pediatric	2	0.2%
Anatomical Pathology	1	0.1%
Laboratory Medicine	1	0.1%
Medical Genetics	1	0.1%
Other	4	0.4%
Not decided	177	18.1%
<b>Total*</b>	<b>977</b>	<b>100.0%</b>

Family Medicine was the first choice residency discipline with (21.0%), followed by Internal Medicine (14.4%). Yet, 18.1% of respondents remained undecided on their residency discipline of choice.

\* Only includes respondents intending to return to Canada for all or part of their postgraduate training.